Because of you... Celebrating 30-Years of Creating Caring Communities!



EVENT DETAILS and REGISTRATION INFO

Join us for the annual Run or Walk for JUMP on September 22nd at 10:00 am!

The event includes an open 5K Run, a 1K Run for kids under 14, and a 1K Walk at North Beach (60 Institute Rd) in Burlington with "FREE PARKING". This welcoming, flat course offers beautiful views of Lake Champlain and the Adirondacks. Participants can run or walk *and* fundraise, fundraise only, or just run or walk. This is a fun event for the whole family with many raffle prizes and refreshments!

Awards:

5K	Female and Male: 1 st place and 10-year age groups – male/female
1K	Girl and Boy: 1 st , 2nd and 3 rd places; ribbons for all participants
Fundraisers	1 st , 2 nd and 3 rd place prizes for both adults and youth for most money raised
Teams	Team - prizes for top fundraising teams
Raffles	Each participant receives a raffle ticket for a chance at a great prize!
Free t-shirt	Walker or runner raising \$50 or more
Free sweatshirt	Youth (high school age & younger) raising \$150 or more; \$250 or more for adults

Tips for Fundraising:

Ask your friends, co-workers, and relatives to support the critical work that JUMP does by sponsoring you! Organize a team to run/walk for extra fun and more support for JUMP!

OPT TO REGISTER ONLINE: After registering online at FirstGiving:

www.firstgiving.com/event/jumpvt/RUN-or-walk-for-JUMP-2018

...you can create your own fundraising page and email it to potential supporters. It's easy, secure, and a quick way to reach out to many potential sponsors. Bring your registration form and donations (see form on reverse side) from your sponsors to registration (before 9:30am would be great!) on Saturday, September 22. Checks should be made payable to: **JUMP.**

Please mail donations received after the event to: JUMP, 38 S. Winooski Ave, Burlington, VT 05401

About JUMP's Work in Vermont:

Celebrating a 30-year milestone in 2018, JUMP, the Joint Urban Ministry Project, has a dedicated history of helping to meet critical needs for families and individuals living in poverty throughout Chittenden County and Vermont. JUMP operates an emergency Drop-in Center in donated space at First Congregational Church of Burlington providing compassionate care, practical assistance and informed referrals to thousands of Vermont adults and children annually. Thanks to the generosity of more than 25 area faith communities, many individuals, businesses and foundations, JUMP is a reliable source of assistance year-round.

In 2017, JUMP assisted more than 2,100 adults and children as volunteers and staff distributed 5650 vouchers valued at \$97,634. JUMP provided vouchers for much needed assistance with transportation, utility bills, groceries (including perishables not often available from food pantries), laundromat usage, prescription co-pays and helping those who need updated ID's acquire them. At \$30,000, the most requested voucher was for transportation gas assistance; plus \$5,000 in voucher assistance for bus passes and bikes. Combined JUMP provided more than \$35,000 for transportation assistance to help Vermonters impacted by poverty.

We are very appreciative of our Underwriters and Sponsors

RUN or Walk for JUMP REGISTRATION FORM

Registration opens in the North Beach shelter at 9:00 am and closes at 9:50 am. Those who have registered online *(see reverse side for instructions)* will need to check-in, get their raffle ticket and pick-up free t-shirt/sweatshirt (if eligible).

- A free T-Shirt* is awarded to any walker or runner raising \$50 or more. Free sweatshirts* for youth raising \$150.00 or more, and adults raising \$250.00 or more.
- Only runners may participate in 5K Run; walkers, any form of wheels (strollers, etc.) and pets welcome in 1K Walk.

*Any T-Shirts and Sweatshirts remaining after the run/walk will be available for sale following the 5K Run during the recognition of winners and raffle prize distribution time at: \$15 per T-Shirt; \$25 per Sweatshirt.

Registration Fee for all Runners/Walkers (required) <u>Pre-Registration \$20</u>

Same Day Registration \$25.00

CITY				Waiver This waiver MUST be signed by all participants or the participant's parent or guardian. In signing this form for myself (or the participant named at left		
ZIPPHONE E-MAIL AGE on race day					if under 18), I understand and agree to absolve Run For JUMP, JUMP, and all sponsors - be they individuals or organizations, singly or collectively - of all blame for any injury, misadventure, harm, loss or inconvenience suffered in any of the activities	
(runners onl			y)	(runners only)	associated with this event. I also grant full permission to use my likeness in photographs or videos for any purpose of	
Circle one:	5K	1К	Walk	Fundraise only	publicity or promotion with no liability or obligation to me.	
For Official Use	Sweatsh	nirt/T-shir	t Size			
					Signature of participant or participant's parent or guardian	

Sponsor Form

Questions? Email run@jumpvt.org

Please include your sponsor's printed names and addresses. All donations are very much appreciated! Please have sponsors make their **checks payable to**: **JUMP** Donations received after the event can be mailed to: **JUMP**, **38 South Winooski Avenue**, **Burlington**, **VT 05401**

Fundraiser's name		Fundraiser's age		
Team Name		(if applicable)	(if under 14)	
Sponsor's name	Address	E-mail Address	Donation Amount & Type: cash/check/cc	
1				
3				
10				
If full, please continue on and			al:	